

GYMNASTICS SPECIALIST

DEFINITION

To organize, promote and oversee fee-based tumbling and gymnastics classes; to teach fundamental tumbling and gymnastics skills; and to perform related duties as assigned.

SUPERVISION RECEIVED AND EXERCISED

Receives general supervision from the Recreation Supervisor I, II or III.

Exercises technical and functional guidance over other part-time staff.

ESSENTIAL FUNCTIONS – Functions may include, but are not limited to, the following:

Organize, promote, supervise, instruct and evaluate various tumbling and gymnastics classes.

Teach fundamental tumbling and gymnastics skills in an age-appropriate progression with an emphasis on safety and spotting techniques; demonstrate various tumbling and gymnastics techniques.

Interpret programs to the public.

Monitor and supervise class participants at all times.

Set up and take down various class related equipment.

Complete requisite reports and statistical information.

Communicate with the Recreation Supervisor regarding recommended scheduling, equipment needs, program content and other changes.

Develop interest and participation in the program through various means of publicity.

May train and oversee other part-time staff.

Perform light custodial tasks.

Build and maintain positive working relationships with co-workers, other City employees and the public using principles of good customer service.

Perform related duties as assigned.

MINIMUM QUALIFICATIONS

Knowledge of:

Basic objectives of recreational classes.

Tumbling and gymnastics routines and techniques.

Safety practices and spotting techniques.

English usage, spelling, grammar and punctuation.

Ability to:

Demonstrate tumbling and gymnastics routines and techniques.

Set up and inspect various specialized gymnastics equipment.

Maintain discipline and control of class participants.

Train other part-time staff.

Work various schedules including mornings, afternoons, evenings, weekends, holidays and split shifts as required by the work assignment.

Operate computer equipment and software applications related to assignment.

Communicate clearly and concisely, both orally and in writing.

Follow written and oral instructions.

Establish and maintain effective working relationships with those contacted in the course of work.

Work with various cultural and ethnic groups in a tactful and effective manner.

Experience and Training:

Any combination of education and/or experience and training that would likely provide the required knowledge and abilities is qualifying. A typical way to obtain the knowledge and abilities would be:

Experience:

Two years experience teaching or assisting with organized group tumbling and/or gymnastics classes in a municipal, non-profit, or commercial setting. Prior experience as a gymnast is highly desirable.

Training:

Equivalent to the completion of the twelfth grade, supplemented by 30 units at an accredited college or university.

License or Certificate:

American Red Cross certifications in First Aid and CPR must be attained within 90 days of hire.

PHYSICAL DEMANDS

On a continuous basis, stand and walk to supervise class participants; intermittently bend, stoop, stretch, squat, kneel, push, pull, reach, grasp, twist at the waist and extend arms above and below the shoulders to adjust gymnastics equipment; perform various tumbling and gymnastics techniques; lift, carry, set up and take down various pieces of equipment including vaulting horses, parallel bars, spring boards, crash pads and mats weighing up to 60 pounds; verbal ability to communicate in person and by telephone; see in the normal vision range with or without correction; hear in the normal range with or without correction.

WORKING ENVIRONMENT

Work is performed primarily indoors; the performance of outdoor work requires exposure to a variety of weather conditions (heat, cold, rain, intense sun); exposure to potentially hazardous substances and chemicals and work on slippery or uneven surfaces. Indoor work is performed in a variety of environments with natural or artificial lighting and moderate to high noise levels. Work is frequently disrupted by the need to respond to in-person and telephone inquiries.

4/05